

Survive and Thrive Program

Nutrition Class

Santa Clara Medical Center



- Overwhelmed by nutrition information?
- Supplements?
- Where and how to start?

We aim to provide educational opportunities for Cancer Survivors to live a healthful and productive life beyond cancer treatment.

A Dietitian specializing in oncology nutrition will empower you to:

- Understand the importance of nutrition for health and well being
- Fight cancer through nutrition
- Set and implement nutrition goals
- Achieve lifelong lifestyle modifications

Wednesday evening: September 14, 21 and 28.

6:00 pm - 7:30 pm

OR

Saturday morning: October 29th

9:00 am - 1:30 pm

Cancer Treatment Center - Conference Room

Fee: \$15.00 for KP members per 3 day series or 1 day class
\$50.00 for non-members.

Registration

Radiation Oncology (408) 851-8000