



**KAISER PERMANENTE®**

Kaiser Homestead Campus  
710 Lawrence Express Way  
Woman's Imaging /Dept. #396  
Santa Clara, Ca 95051  
(408) 851-3715

**BONE MINERAL DENSITY (DEXA SCAN)**

Your primary care provider requests that you have a Bone Mineral Density test (also called "DEXA" scan). This is non-invasive diagnostic test that evaluates your bone mass to see if you are at risk for fractures due to osteoporosis.

**TO PREPARE FOR YOUR EXAM, PLEASE NOTE THE FOLLOWINGS:**

- The **Dexa** scan takes only 10-15 minutes and will be scheduled at Kaiser Homestead Campus, Woman's Imaging/Dept. #396, third (3) Floor.
- **Do Not** take any Calcium tablets 24 hours before the test.
- **Do Not** schedule this test on same week, if you are scheduled prior to scheduled to have X-ray in Radiology where you have been given IV contrast material.
- Pregnant patients, please **inform** your primary care provider.
- Please **arrive 15 minutes early** to allow for parking and registration. Wear comfortable clothing (preferably without zippers or metal around the waist area).

**TO CANCEL OR RESCHEDULE YOUR EXAM**

Please call us between the hours of 8:00 AM and 8:00 PM Monday-Friday at 408.851.3715.